Friday, 4th October 2024



A message from Mrs Hodson...

Blimey where are the weeks going!

Thank you so much to everyone that attended our Super Squirrels Forest School Parent Engagement on Thursday. With all the rain we have been having lately, it was always going to be a muddy one, but that didn't stop the fun or smiles.

Our spotlight this week focuses on Mental Health, in preparation for World Mental Health Day next week, where we will be wearing yellow to raise awareness. Kathryn from The Mental Health Support Team is also running a Sleep Workshop on Friday, 11th October 2-3pm, please ring or email the office to book your place.

We hope you all have a lovely weekend, from Mrs Hodson, Ozzy, Elvis and all at Team Kingsfield.

Next Week...

Monday	
Tuesday	Wise Owls Swimming-5
Wednesday	Book Fair
	Parents Evening
Thursday	Book Fair
	Parents Evening
	World Mental Health Day- wear yellow
Friday	Book Fair
	2-3pm Sleep Workshop

Please see our website for dates and times of events for the year ahead.

This Week's Winners is:

Attendance Class

Brilliant Butterflies	96%
Busy Bees	98.16%
Charming Cheetahs	96.02%
Perfect Panthers	99.11%
Learning Lions	98.8%
Super Squirrels	97.19%
Fantastic Foxes	98.62%
Wise Owls	97.53%

School Matters!

Our whole school attendance

target is 96%. This week, our school attendance was: 97.67%



week 3

Thank you so much to everyone that has signed up to a Parents Evening slot via Arbor-there are still spaces available if you have not already booked. We urge everyone to attend where possible, as it is an excellent opportunity to find out how your child has settled in their new class, what their targets are and discuss ways you can support at home. Slots are only 5 minutes each, so please use your weekly class drop in session to discuss anything that requires an in depth conversation, so we can devote more time to provide the appropriate support. We can offer appointments on alternative nights also-please speak to your child's class teacher to arrange.

## Safeguarding Newsletter

Our Autumn newsletter is now available on our website or you can follow the link below. This term our newsletter covers the following areas: The Voice project, Catch 22, Separating Better, Operation Encompass and much more...

KFS-Autumn-Safeguarding-Newsletter-2024-1.pdf (kingsfield.staffs.sch.uk)

# Rewards and Celebrations

Clever Caterpillars-Ellie F Brilliant Butterflies -Mercy Busy Bees -Thea Charming Cheetahs -Willow Perfect Panthers -Jorgia Learning Lions -Joshua Super Squirrels -Nila Fantastic Foxes -Fmma Wise Owls -

Phoebe





Clever Caterpillars-Zack Brilliant Butterflies -Amber Busy Bees -Poppy Charming Cheetahs -Milo Perfect Panthers -Eli Learning Lions -Harper-Rose Super Squirrels -Amelia S Fantastic Foxes -Isabelle

> Wise Owls -Oliver

Clever Caterpillars-Jasper Brilliant Butterflies -Eddy Busy Bees -Jude Charming Cheetahs -Eddie B Perfect Panthers -Harrison Learning Lions -Eric Super Squirrels -Jackson Fantastic Foxes -Henry G Wise Owls -Bodhi



# Front Front Form

Other Celebrations....



Mars	375
Earth	329
Saturn	353
Jupiter	329

Well done to Jasmine W who received her red and white belt in Jiu-Jitsu

Please send an email to office.kng@cflptrust.co.uk if you would like to share any of your child's outside of school achievements.







## Noticeboard...



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Exciting news-the Scholastic Book Fair is at Kingsfield before and after school from 9th-14th October! If you are hoping to get ahead with your Christmas shopping, there are lots of fabulous books to choose from to suit all budgets. Every book that is purchased, raises commission for our school, so that we can add to our library.







Email: info@asmsports.co.uk

01782 366332





# Idealsoqs and apollight 3 00000

#HelloYellow

ourselves





On Thursday, 10th October it is World 10 October Mental Health Day. We will be having a non uniform day in school, where we will encourage the children to wear yellow to help raise awareness of how we can support

Mental Health Support Teams (MHSTs) in education provide crucial low-intensity support, offering early intervention and guided self-help sessions. Scan the QR code to learn more.



#### WE OFFER SUPPORT FOR:

- Resilience
- Sleep

Low Mood

Anxiety

Panic

- Behaviour (U11's)
- Phobia's

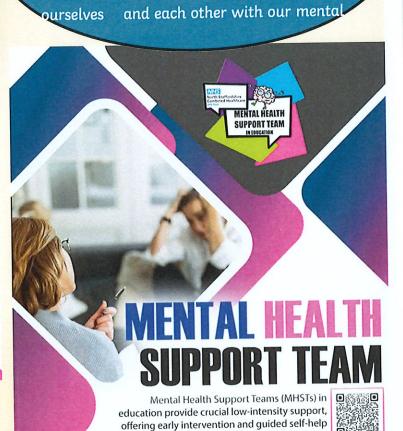
- Problem Solving





EMAIL: MHSTENQUIRIES@COMBINED.NHS.UK

Kathryn will be hosting a Sleep Workshop on Friday, 11th October 2-3pm. Please contact the school office via phone or email to book your place.



## PERSONALISED CARE

Our team tailors interventions to each students needs, fostering individual growth and resilience.

#### **COMPREHENSIVE PROGRAMS**

We offer a range of services, including guided self-help, workshops, and peer support groups.

#### **EXPERT GUIDANCE**

sessions. Scan the QR code to learn more.

Receive support from qualified professionals specialising in child and adolescent mental health.

### ONGOING ASSISTANCE

Continuous support to ensure sustained mental wellbeing and academic success.



EMAIL: MHSTENQUIRIES@COMBINED.NHS.UK





# This week our spotlight 3 00000



Kathryn will be available at our Parents Evenings next week, if you would like to chat to her informally or ask any questions. She is also at school every Friday.



Name: Kathryn



Top Tips for life

Failing is not a bad thing it is just a First

Attempt

Learning

Hobbies/Interests

Education Mental

Health Practitioner

All about me

I don't get a lot of time for hobbles but when I do get time to myself I enjoy massages, music gigs and spending time with friends.

If you would like to know more, please speak to Mrs E Mohring (School Mental Health Lead) or email: mistenquiries@combined.nhs.uk



Name: Kathryn



### Our Core Offer

I support pupils with:

Worry Management
Anxiety
Panic Management

- Sleep Problem Solving







**Education Mental** Health Practitioner

#### All About Me

Support Team (MHST) working within Kingsfield First School.

I am an Education Mental Health Practitioner (EMHP) and my role involves supporting young people and their familie with mild to moderate mental health challenges using Low Intensity Cognitive Behavioural Therapy (UCBT). Together we work to identify and address difficult emotions and feelings.

I work in partnership with the school's Mental Health Lead to deliver a whole school approach to mental health; this includes educational workshops, groups, and training to reduce the stigma of mental health and improve outcomes for the whole school community.

