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Subject Specific Vocabulary for

P.S.H.R.E



**PSHE/RSHE: Progression of Vocabulary/Terminology**

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| **KS1 Generic Vocabulary** | **Explore** | **Engage** | **Reflect** |
| Engage with Talk about Explore  Ask questions Recognise  Listen and respond | Listen to Find out about  Identify Hear and respond | Ask and respond imaginatively to questions.  Talk about |
| **Themes** | Autumn | Spring | Summer |
| **EYFS** | Myself Feelings Being gentle Rights  Responsibility  Talents  Families  Home  Friends Standing up for myself  Challenges Perseverance Jobs  Help | Exercise Healthy food Physical activity Sleep  Clean Bodies  Respecting my body  Fun Fears Growth | Family life Friendship Falling out |
| **KS1 Cycle A** | rules  difference  expectations  community  environment  negative  harassment  self-respect  attitude  authority  responsibility  truthfulness  trustworthiness  kindness  generosity  decision making  collaborative  consideration  positive  feelings  nervous  surprise  fear  recognise  fear  sensitive  others  co-operative  listen  opinion  reflect | healthy eating  germs  infections  diseases  improve  health and well-being  positive life changes  benefits  exercise  fair  right  wrong  respect  similarities  differences  real-life choices  improve  impact  bullying  name-calling  responsibilities  by-standers  impulsive  considered  behaviour  peer pressure  positive  negative  secrets  surprises  risks  safety | attitude  behaviour  influence  positive  relationships  reflect  respect  rules  views  opinions  consideration  decision-making  independently  collaboratively  responsibility  safety  risk  Green Cross Code  road safety  workplace  money  spending |
| **Safe Zone Vocab**  Key words  Search engine  Technology  Ownership  Trusted adult  Folder  Empathy | | | |
| **KS1 Cycle B** | Hope Fear Fair  Valuing Contributions Choices Assumptions Stereotypes  Gender Gender diversity  Realistic Strengths cooperation  Contributing | Relaxation Nutrition Lifestyle  Life cycles (plants) Young  Old Independence | Boundaries Secrets Trust Appreciation Behaviour Bullying |
| **Safe Zone Vocab**  Identity  Online  Email  Relationships  Healthy  Technology  Communicate  Information  Reputation  Responsibility  Negative comments  Search engine  Inappropriate  Copyright  Webpage | | | |
| **KS2 Generic Vocabulary** | **Explore** | **Engage** | **Reflect** |
| Make links Ask questions Talk about  Raise questions Show  Talk to | Find out about Identify Investigate Make Links  Compare and contrast Explore  Make suggestions Research  Show | Consider Enter imaginatively  Make links Reflect imaginatively  Explain Show |
|  | **Autumn** | **Spring** | **Summer** |
| **KS2 Cycle A** | community groups  ICT  health and safety  collaborate  common goals  responsibly  consequences  fairness  consideration  sympathise  empathise  influence  responsible choices | recognise  similarities  differences  strategies  relationship  physically  mentally  respect  goals  healthy lifestyle  cooperative  manage  control  local organisations  feelings relationship  balance  empathise  reflect  actions  emotions | strategies  risk  sensibly  impact  responsibly  awareness  changes  strategies  emergency  consideration  Negotiate  present  views  physical activity  nutrition  responsible choices  consequences  needs  wants  media  managing risk  contribute |
| **Safe Zone Vocab**  Identify  Avatar  Social media  Emojis  Acronyms  Text speak  Trust  Online  Belief  Opinion  Bullying  Technology  Password | | | |
| **KS2 Cycle B** | impact  software features  consequences  responsible choices  positive contribution  local organisations  sensitivity  challenges,  co-operatively  fairness  consideration  strategies  managing  controlling  feelings | stereo-typing  balance  skills  agreement  discussions  appropriate  relationship  discrimination  safely  form  maintain  lifestyle choices  empathise  consideration  views  issues  managing  controlling  feelings  emotions | self-assess  identify  positive  feelings  contribute  improve  future actions  reflect  worth  responsible choices  appropriate  relationships  recognise  stereo-typing  issues  challenge  discrimination  empathise  needs  wants  set goals  prioritise  manage time  manage resources  money |
| **Safe Zone Vocab**  Describe  Strategies  Streaming  Gaming  Platform  Respectful  Online  Bullying  Reputation  Limit  Create  Content  Share  Judgement  Accurate  Impersonate  Identify  Perceive  Perception  Consent  Privacy  Private | | | |