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Subject Specific Vocabulary for

P.S.H.R.E



**PSHE/RSHE: Progression of Vocabulary/Terminology**

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| **KS1 Generic Vocabulary** | **Explore** | **Engage** | **Reflect** |
| Engage with Talk about ExploreAsk questions RecogniseListen and respond | Listen to Find out aboutIdentify Hear and respond | Ask and respond imaginatively to questions.Talk about |
| **Themes** | Autumn | Spring | Summer |
| **EYFS** | Myself Feelings Being gentle RightsResponsibilityTalentsFamiliesHomeFriends Standing up for myselfChallenges Perseverance JobsHelp | Exercise Healthy food Physical activity SleepClean BodiesRespecting my bodyFun Fears Growth | Family life Friendship Falling out |
| **KS1 Cycle A** | rulesdifferenceexpectationscommunityenvironmentnegativeharassmentself-respectattitudeauthorityresponsibilitytruthfulnesstrustworthinesskindnessgenerositydecision makingcollaborativeconsiderationpositivefeelingsnervoussurprisefearrecognisefearsensitiveothersco-operativelistenopinionreflect | healthy eatinggermsinfectionsdiseasesimprovehealth and well-beingpositive life changesbenefitsexercisefairrightwrongrespectsimilaritiesdifferencesreal-life choicesimproveimpactbullyingname-callingresponsibilitiesby-standersimpulsiveconsideredbehaviourpeer pressurepositivenegativesecretssurprisesriskssafety | attitudebehaviourinfluencepositiverelationshipsreflectrespectrulesviewsopinionsconsiderationdecision-makingindependentlycollaborativelyresponsibilitysafetyriskGreen Cross Coderoad safetyworkplacemoneyspending |
| **Safe Zone Vocab**Key wordsSearch engineTechnologyOwnershipTrusted adultFolderEmpathy  |
| **KS1 Cycle B** | Hope Fear FairValuing Contributions Choices Assumptions StereotypesGender Gender diversityRealistic Strengths cooperationContributing | Relaxation Nutrition LifestyleLife cycles (plants) YoungOld Independence | Boundaries Secrets Trust Appreciation Behaviour Bullying |
| **Safe Zone Vocab**Identity  Online Email Relationships Healthy Technology  Communicate  Information Reputation  Responsibility  Negative comments Search engine  Inappropriate Copyright Webpage |
| **KS2 Generic Vocabulary** | **Explore** | **Engage** | **Reflect** |
| Make links Ask questions Talk aboutRaise questions ShowTalk to | Find out about Identify Investigate Make LinksCompare and contrast ExploreMake suggestions ResearchShow | Consider Enter imaginativelyMake links Reflect imaginativelyExplain Show |
|  | **Autumn** | **Spring** | **Summer** |
| **KS2 Cycle A**  | community groupsICThealth and safetycollaboratecommon goalsresponsiblyconsequencesfairnessconsiderationsympathiseempathiseinfluenceresponsible choices |  recognisesimilaritiesdifferencesstrategiesrelationshipphysicallymentallyrespectgoalshealthy lifestylecooperativemanagecontrollocal organisationsfeelings relationshipbalanceempathisereflectactionsemotions |  strategiesrisksensiblyimpactresponsiblyawarenesschangesstrategiesemergencyconsiderationNegotiatepresentviewsphysical activitynutritionresponsible choicesconsequencesneedswantsmediamanaging riskcontribute |
| **Safe Zone Vocab**IdentifyAvatarSocial mediaEmojisAcronymsText speakTrustOnlineBeliefOpinionBullyingTechnologyPassword |
| **KS2 Cycle B** | impactsoftware featuresconsequencesresponsible choicespositive contributionlocal organisationssensitivitychallenges,co-operativelyfairnessconsiderationstrategiesmanagingcontrollingfeelings | stereo-typingbalanceskillsagreementdiscussionsappropriaterelationshipdiscriminationsafelyformmaintainlifestyle choicesempathiseconsiderationviewsissuesmanagingcontrollingfeelingsemotions | self-assessidentifypositivefeelingscontributeimprovefuture actionsreflectworthresponsible choicesappropriaterelationshipsrecognisestereo-typingissueschallengediscriminationempathiseneedswantsset goalsprioritisemanage timemanage resourcesmoney |
| **Safe Zone Vocab**DescribeStrategiesStreamingGamingPlatformRespectfulOnlineBullyingReputationLimitCreateContentShareJudgementAccurateImpersonateIdentifyPerceivePerceptionConsentPrivacyPrivate |