



Subject Specific Vocabulary for P.S.H.R.E



PSHE/RSHE: Progression of Vocabulary/Terminology

	Explore	Engage	Reflect
KS1 Generic Vocabulary	Engage with Talk about Explore Ask questions Recognise Listen and respond	Listen to Find out about Identify Hear and respond	Ask and respond imaginatively to questions. Talk about
Themes	Autumn	Spring	Summer
EYFS	Myself Feelings Being gentle Rights Responsibility Talents Families Home Friends Standing up for myself Challenges Perseverance Jobs Help	Exercise Healthy food Physical activity Sleep Clean Bodies Respecting my body Fun Fears Growth	Family life Friendship Falling out
Year 1	rules difference expectations community environment negative harassment self-respect attitude authority responsibility truthfulness trustworthiness kindness generosity decision making collaborative	healthy eating germs infections diseases improve health and well-being positive life changes benefits exercise fair right wrong respect similarities differences real-life choices improve	attitude behaviour influence positive relationships reflect respect rules views opinions consideration decision-making independently collaboratively responsibility safety

	consideration positive feelings nervous surprise fear recognise fear sensitive others co-operative listen opinion reflect	impact bullying name-calling responsibilities by-standers impulsive considered behaviour peer pressure positive negative secrets surprises risks safety	risk Green Cross Code road safety workplace money spending
<p><u>Safe Zone Vocab</u></p> <p>Key words Search engine Technology Ownership Trusted adult Folder Empathy</p>			
Year 2	Hope Fear Fair Valuing Contributions Choices Assumptions Stereotypes Gender Gender diversity Realistic Strengths cooperation Contributing	Relaxation Nutrition Lifestyle Life cycles (plants) Young Old Independence	Boundaries Secrets Trust Appreciation Behaviour Bullying
<p><u>Safe Zone Vocab</u></p> <p>Identity Online Email Relationships Healthy</p>			

Technology Communicate Information Reputation Responsibility Negative comments Search engine Inappropriate Copyright Webpage			
KS2 Generic Vocabulary	Explore	Engage	Reflect
	Make links Ask questions Talk about Raise questions Show Talk to	Find out about Identify Investigate Make Links Compare and contrast Explore Make suggestions Research Show	Consider Enter imaginatively Make links Reflect imaginatively Explain Show
	Autumn	Spring	Summer
Year 3	community groups ICT health and safety collaborate common goals responsibly consequences fairness consideration sympathise empathise influence responsible choices	recognise similarities differences strategies relationship physically mentally respect goals healthy lifestyle cooperative manage control local organisations feelings relationship balance empathise reflect actions	strategies risk sensibly impact responsibly awareness changes strategies emergency consideration Negotiate present views physical activity nutrition responsible choices consequences needs wants media

		emotions	managing risk contribute
<p><u>Safe Zone Vocab</u></p> <p>Identify Avatar Social media Emojis Acronyms Text speak Trust Online Belief Opinion Bullying Technology Password</p>			
Year 4	<p>impact software features consequences responsible choices positive contribution local organisations sensitivity challenges, co-operatively fairness consideration strategies managing controlling feelings</p>	<p>stereo-typing balance skills agreement discussions appropriate relationship discrimination safely form maintain lifestyle choices empathise consideration views issues managing controlling feelings emotions</p>	<p>self-assess identify positive feelings contribute improve future actions reflect worth responsible choices appropriate relationships recognise stereo-typing issues challenge discrimination empathise needs wants set goals prioritise manage time manage resources</p>

money

Safe Zone Vocab

Describe

Strategies

Streaming

Gaming

Platform

Respectful

Online

Bullying

Reputation

Limit

Create

Content

Share

Judgement

Accurate

Impersonate

Identify

Perceive

Perception

Consent

Privacy

Private