

7h October 2022

Diary Dates For Parents

Coming Soon.....

Parent Assemblies

Fantastic Foxes-Friday 21st October at 2.30pm

Parents Evening 17th & 18th October

Harvest 20th October

October Half-Term

24th - 28th October Nativity Week—5th December

Christmas Break 19th December - 2nd January

February Half-Term

20th - 24th February

Inset Day Monday 27th February

Easter Break

3rd - 14th April Closed for Voting-4th May

May Half-Term 29th May - 2nd June

Inset Day Monday 5th June

Last Day of School Friday 21st July

For dates over the year please visit the website

https://www.kingsfield.staffs.sch.uk/ca ndar/

Kingsfield News

Learn Together, Play Together, Succeed, Together

Part of the Children First Learning Partnersk.

Visit our Twitter page for more pictures of this week's events @KingsfieldSch

Also follow us on Facebook @kingsfieldfirstschool

World Mental Health Day

On Monday 10th October, it was World Mental Health Day. To commemorate this event, we invited our new Trailblazers Mental Health Practitioner, Beate to share more about what Mental Health is and how we can look after ourselves and our minds. Beate completed a workshop with each class and a whole school assembly. Information about mental health and wellbeing can be found below.

School Admission For Reception

The application process for a reception place for September 2023 will open on 01 November 2022. The closing date is 15th January 2023.

The easiest way for parents to apply is online. (www.staffordshire.gov.uk/admissions). Further information can be found on https://www.kingsfield.staffs.sch.uk/ admissions/

Please come to out open morning and share with friends and families who may have young children looking for a school place in September 2023.



Cauliflower Cards - The Christmas Card Printing Service

All payments are to be paid directly to Cauliflower Cards via their website and orders must be placed no later than 2nd November.

Enjoy Getting Creative!





A number of different clubs are running and more will be starting after the half term. If you chid has been successful in gaining a club place having returned a slip, you should have received a text confirming a place.

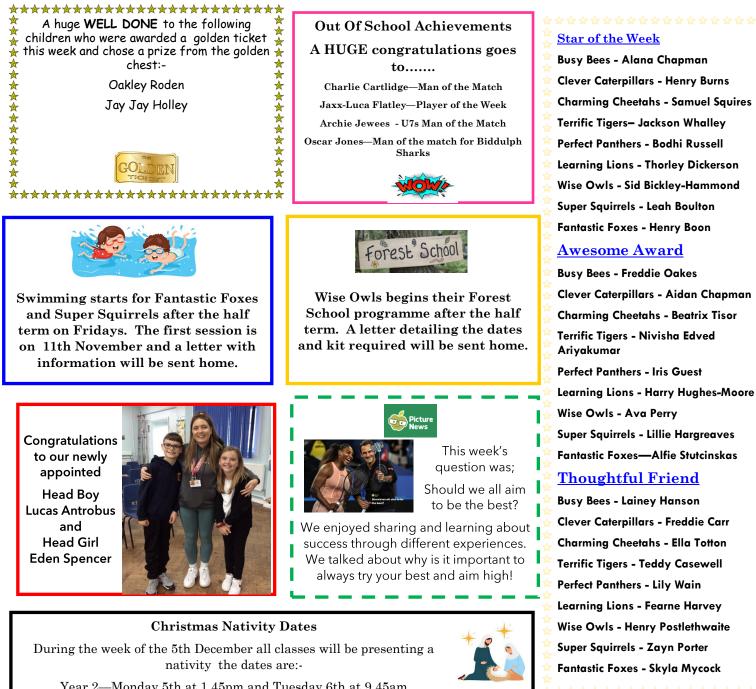




On Thursday 20th October the vicar from the Methodist church will be leading will our harvest assembly. We are requesting any kind donations of food, such as dried foods, tins or long life food items, which will be distributed to families in need around the local community.



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Our next PTFA Meeting is on

Thursday 3rd November 3.20pm. We would welcome your attendance.

The lunchtime Menus

Menu's can be found at https://www.kingsfield.staffs.sch. uk/lunch-menu/

The menu for next week is:-



New winter menu is coming soon! Sandwiches will not be an option for the winter.

Year 2-Monday 5th at 1.45pm and Tuesday 6th at 9.45am

Year 1-Tuesday 6th 1.45pm & Wednesday 7th at 9.45am

Early Years-Wednesday 7th at 1.45pm & Thursday 8th at 9.45am

Year 3 & 4—Thursday 8th at 1.45pm & in the evening at 6.30pm & Friday 9th at 9.45am

Theme of the Week Next Week Sharing With Others (HARVEST)

House Points

🖸 Jupiter - 379

eeks winners a



School Attendance last week was 96.86%

Class attendance was:-

Busy Bees 92.6% Clever Caterpillars 98.7% Terrific Tigers 99.7% Charming Cheetahs 95.2%

Learning Lions 98.6% Perfect Panthers 93.3%

Wise Owls 97.9 % Super Squirrels 98% Fantastic Foxes98.7%

> **Congratulations goes to:- Terrific Tigers** School target is 96.5%



How to Book

Visit ASM website, then click on the parents icon. This will then allow you to create a account. Select the venue of you choice and book the dates/times required.



Anna Freud National Centre for Children and Families



Tips for talking for parents and carers

An introduction from our Patron, **HRH The Duchess of Cambridge**

As parents, we all want our children to have the best possible start in life. Encouraging children to understand and be open about their feelings can give them the skills to cope with the ups and downs that life will throw at them as they grow up.

It's important that our children understand that emotions are normal, and that they have the

confidence to ask for help if they are struggling.

This is why I am proud to support the You're never too young to talk mental health campaign by the Anna Freud National Centre for Children and Families, which is being rolled out across primary schools this autumn.

The campaign's resources are excellent tools to support parents. They demonstrate how we can help children express their feelings, respond appropriately, and prevent small problems from snowballing into bigger ones

What is mental health?



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We all have mental health. Mental health is about our feelings, our thinking, our emotions and our moods. Looking after our mental health is important.



We all have small feelings every day: These sometimes feel strong and overwhelming, whether happy or sad, but they go away before too long.



Sometimes we experience big feelings: These feel strong and overwhelming for a long time. They stop us doing what we want to in our lives.

TALKING



Talking Mental Health is an animation designed to help begin conversations about mental health in the classroom and beyond.

The animation and accompanying resources have been created by a team of animators, children, teachers and clinicians, and is being taught to year 5 and 6 children around the UK.

The animation and resources are freely downloadable from www.annafreud.org

Talking Mental Health Animation

Finding support

ChildLine: For 18s and under 0800 1111

NSPCC: 0808 800 5000 YoungMinds Parent Helpline: 0808 802 5544

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Youth Wellbeing Directory: youthwellbeing.org

About the Anna Freud National Centre for Children and Families

The Anna Freud National Centre for Children and Families has developed and delivered pioneering mental health care for over 60 years.

Our aim is to transform current mental health provision in the UK by improving the quality, accessibility and effectiveness of treatment.

We believe that every child and their family should be at the heart of the care they receive, working in partnership with professionals.

- Anna Freud Centre 4-8 Rodney Street Londo N1 9JH
- Make conversations about mental health a normal part of life: Anywhere is a good place to talk; in the car, walking the dog or cooking together. Model everyday talk about feelings such as by talking about a TV character's feelings.

Give your full attention: We all know it's horrible to be half listened to. Keep eye contact, focus on the child and ignore distractions.

Check your body language: Try to keep it open and relaxed and make sure you come down to the child's level.

> Take it seriously: Don't downplay what the child is saying or tell them they're "just being silly". Resist the urge to reassure them that everything is fine.

Ask open questions: Such as "How did your day go ' This will help to extend the conversation. today?

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Calmly stay with the feelings that arise: It can be our automatic reaction to steer away from difficult emotions.

Offer empathy rather than solutions: Show that you accept what they are telling you but don't try to solve the problem.

Remember we are all different: Respect and value the child's feelings, even though they may be different to yours.

> Look for clues about feelings: Listen to the child's words, tone of voice and body language.

Some ways to start a conversation about 10 feelings might be: "How are you feeling at the moment?"

"You don't seem your usual self. Do you want to talk about it?' "Do you fancy a chat?"

"I'm happy to listen if you need a chat."



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Open Morning Invitation Saturday 15th October 9:30 - 12:30 Wednesday 19th October 9:15 - 11:15

HIGH EXPECTATIONS AND ASPIRATIONS FOR ALL PUPILS EXCELLENT STANDARDS OF ACHIEVEMENT RESIDENTIAL VISITS EACH YEAR HUGE RANGE OF ENRICHMENT WELL-BEING HUB TO SUPPORT OUR NURTURING ENVIRONMENT

APPLICATIONS ARE NOW OPEN FOR ADMISSION IN YEAR 5 AND 7

Telephone 01782 973900 to book an appointment Or email dmoss@jamesbateman.staffs.sch.uk Please put 'School visit' in the subject www.jamesbateman.staffs<u>.sch.uk</u>



JAMES BATEMAN MIDDLE SCHOOL

"Ready, Respectful, Resilient"

