

**Y2 PSHRE Medium Term Plan**

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|  | **Autumn 1**  | **Spring 1** | **Summer 1** |
| **Topic** | **London’s Burning** | **To Infinity & Beyond** | **Let’s go on Holiday** |
| **Significant Person** | Samuel Pepys | Neil Armstrong | Reginald Mitchell |
| **Vocabulary** | rules, regulations, restrictions, situations, harm, risk, safe, safety, fire hazard, matches, lighter, medicines, harmful, household products, environments, familiar, unfamiliar, road safety, emergency services, harmful, accident, techniques, listen, cooperatively, opinion, responsibility, online.  | friends, friendship, lonely, positively, happy, unhappy, cooperatively, hurtful, bullying, deliberately, belong, resolve, arguments,  | sleep, rest, relax, medicines, vaccinations, immunisations, healthy, unhealthy, allergic reactions, dental, dentist, feelings, change, loss, death, money, earn, sources.  |
| **I will know….** | H28. about rules and age restrictions that keep us safe | R6. about how people make friends and what makes a good friendship | H4. about why sleep is important and different ways to rest and relax |
|  |  H29. to recognise risk in simple everyday situations and what action to take to minimise harm  | R7. about how to recognise when they or someone else feels lonely and what to do | H6. that medicines (including vaccinations and immunisations and those that support allergic reactions) can help people to stay healthy  |
|  | H30. about how to keep safe at home (including around electrical appliances) and fire safety (e.g. not playing with matches and lighters)  | R8. simple strategies to resolve arguments between friends positively | H7. about dental care and visiting the dentist; how to brush teeth correctly; food and drink that support dental health  |
|  | H31. that household products (including medicines) can be harmful if not used correctly  | R9. how to ask for help if a friendship is making them feel unhappy | H16. about ways of sharing feelings; a range of words to describe feelings  |
|  | H32. ways to keep safe in familiar and unfamiliar environments (e.g. beach, shopping centre, park, swimming pool, on the street) and how to cross the road safely  | R24. how to listen to other people and play and work cooperatively  | H17. about things that help people feel good (e.g. playing outside, doing things they enjoy, spending time with family, getting enough sleep) |
|  | H33. about the people whose job it is to help keep us safe  | R6. about how people make friends and what makes a good friendship |  H18. different things they can do to manage big feelings, to help calm themselves down and/or change their mood when they don’t feel good  |
|  | H35. about what to do if there is an accident and someone is hurt  | R7. about how to recognise when they or someone else feels lonely and what to do | H19. to recognise when they need help with feelings; that it is important to ask for help with feelings; and how to ask for it  |
|  | H36. how to get help in an emergency (how to dial 999 and what to say) | R8. simple strategies to resolve arguments between friends positively | H20. about change and loss (including death); to identify feelings associated with this; to recognise what helps people to feel better |
|  | R14. that sometimes people may behave differently online, including by pretending to be someone they are not  | R9. how to ask for help if a friendship is making them feel unhappy | L10. what money is; forms that money comes in; that money comes from different sources  |
|  | R18. about the importance of not keeping adults’ secrets (only happy surprises that others will find out about eventually)  | R24. how to listen to other people and play and work cooperatively  | L11. that people make different choices about how to save and spend money  |
|  | R19. basic techniques for resisting pressure to do something they don’t want to do and which may make them unsafe  | R6. about how people make friends and what makes a good friendship | L12. about the difference between needs and wants; that sometimes people may not always be able to have the things they want  |
|  | R20. what to do if they feel unsafe or worried for themselves or others; who to ask for help and vocabulary to use when asking for help; importance of keeping trying until they are heard | R11. about how people may feel if they experience hurtful behaviour or bullying  | L13. that money needs to be looked after; different ways of doing this |
|  | R23. to recognise the ways in which they are the same and different to others  | R12. that hurtful behaviour (offline and online) including teasing, name-calling, bullying and deliberately excluding others is not acceptable; how to report bullying; the importance of telling a trusted adult | L15. that jobs help people to earn money to pay for things |
|  | R24. how to listen to other people and play and work cooperatively  | L2. how people and other living things have different needs; about the responsibilities of caring for them  |  |
|  | R25. how to talk about and share their opinions on things that matter to them | L4. about the different groups they belong to |  |
|  | L5. about the different roles and responsibilities people have in their community  |  |  |
|  | L6. to recognise the ways they are the same as, and different to, other people |  |  |
|  | L8. about the role of the internet in everyday life  |  |  |
|  | L9. that not all information seen online is true |  |  |